

2010 FLORIDA GOLD COAST LMSC SHORT COURSE METERS RECORDS MEN

	18-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79
Freestyle												
50	A. Castro	R. Antov	J. Olsen	T. Pace	K. Semisch	B. Tatterson	R. Hawkins	G. Schmidt	C. Cavanaugh	D. Quiggin	C. Cavanaugh	C. Cavanaugh
	FLAQ-08	GOLD-06	AAST-01	GOLD-05	FLAQ-09	FLAQ-11	GOLD-00	GOLD-05	GOLD-98	GOLD-09	GOLD-05.08	GOLD-11
	24.24	23.80	23.40	24.18	25.01	24.90	25.29	26.89	27.42	26.87	28.76	31.38
100	C. Bernard	R. Antov	R. Rivera	P. Harrington	K. Semisch	J. Spire	G. Schmidt	T. Shead	D. Quiggin	D. Quiggin	C. Cavanaugh	C. Cavanaugh
	FLAQ-08	GOLD-06	GOLD-08	FLAQ-08	FLAQ-09	GOLD-98	GOLD-01	GOLD-07	GOLD-04	GOLD-09	GOLD-05	GOLD-11
	52.51	52.13	54.44	55.07	55.86	56.44	58.32	59.11	59.90	58.40	1:04.58	1:12.72
200	C. Bernard	C. Welch	R. Rivera	P. Harrington	R. Valdivia	R. Valdivia	T. Erickson	G. Hall	D. Quiggin	D. Quiggin	C. Cavanaugh	C. Cavanaugh
	FLAQ-08	GOLD-08	GOLD-09	FLAQ-08	GOLD-06	GOLD-09	FLAQ-09	GOLD-10	GOLD-08	GOLD-09	GOLD-05	GOLD-11
	1:55.03	2:00.55	2:01.14	2:01.41	1:59.83	2:00.72	2:07.08	2:29.64	2:18.45	2:15.39	2:29.08	2:46.63
400	A. Gomez	R. Cabrera	M. Hooper	J. Olsen	R. Valdivia	J. Olsen	T. Erickson	D. Owen	D. Quiggin	D. Quiggin	C. Cavanaugh	A. Rapperport
	GOLD-06	GOLD-10	FLAQ-07	GOLD-01	GOLD-06	GOLD-08	FLAQ-09	GOLD-10	GOLD-04	GOLD-09	GOLD-05	GOLD-09
	4:09.38	4:21.46	4:19.56	4:18.77	4:13.17	4:24.76	4:31.62	4:53.67	5:03.84	4:55.97	5:30.42	6:40.29
800	C. Bernard	T. Cuticchia	M. Hooper	M. Hooper	R. Valdivia	R. Valdivia	T. Erickson	D. Owen	D. Quiggin	D. Quiggin	C. Cavanaugh	A. Rapperport
	FLAQ-08	PLAN-10	FLAQ-06	UNAT-10	GOLD-07	GOLD-09	FLAQ-09	GOLD-10	GOLD-08	GOLD-09	GOLD-08	GOLD-08
	8:50.87	9:54.25	8:50.40	9:01.31	8:40.40	8:43.45	9:36.48	10:25.22	10:45.48	10:42.18	11:58.19	13:42.80
1500		J. Gac	B. Staebell	J. Olsen	J. Olsen	T. Erickson	D. Owen	W. Quayle	D. Quiggin	D. Quiggin	J. Silverio	J. Silverio
		GOLD-08	PLAN-96	UNAT-10	GOLD-05	FLAQ-05	GOLD-03	GOLD-98	GOLD-05	GOLD-09	GOLD-99	GOLD-02
		19:11.68	18:46.78	17:19.80	17:36.99	18:00.37	18:56.40	23:12.74	20:49.88	20:09.42	29:42.23	30:20.48
Backstroke												
50	A. Castro	M. Buttram	O. Agh	J. Harper	J. Grzeszczak	J. Spire	J. Grzeszczak	G. Schmidt	G. Schmidt	D. Quiggin	D. McIntyre	A. Rapperport
	FLAQ-08	GOLD-08	GOLD-06	GOLD-06	GOLD-01	GOLD-98	GOLD-08	GOLD-09	GOLD-10	GOLD-09	GOLD-09	GOLD-08
	27.36	29.49	27.94	29.58	30.83	29.96	30.62	31.91	32.54	35.37	37.37	42.83
100	A. Flandes	M. Buttram	M. Hooper	D. Ariotto	P. Berndt	J. Spire	M. Hendrick	G. Schmidt	G. Schmidt	D. Quiggin	A. Rapperport	A. Rapperport
	FLAQ-08	GOLD-08	FLAQ-05	GOLD-07	GOLD-03	GOLD-98	FLAQ-08	GOLD-09	GOLD-10	GOLD-11	GOLD-03	GOLD-08
	1:03.02	1:02.93	1:00.33	1:03.97	1:02.83	1:05.25	1:08.31	1:09.33	1:10.28	1:22.96	1:27.53	1:32.40
200	A. Flandes	C. Welch	M. Hooper	M. Hooper	J. Harper	J. Spire	M. Hendrick	G. Schmidt	G. Schmidt	D. Quiggin	A. Rapperport	A. Rapperport
	FLAQ-08	GOLD-08	FLAQ-06	UNAT-10	GOLD-08	GOLD-98	FLAQ-08	GOLD-09	GOLD-10	GOLD-09	GOLD-03	GOLD-08
	2:14.63	2:16.10	2:11.04	2:24.56	2:19.27	2:24.40	2:28.49	2:32.62	2:35.01	3:00.35	3:11.14	3:24.76
Breaststroke												
50	M. Bellew	J. Linn	T. Dougher	S. Frampton	S. Frampton	J. Grzeszczak	T. Shead	T. Shead	G. Schmidt	D. McIntyre	Wiedemann	C. Cavanaugh
	GOLD-07	AAST-01	NPBM-03	GOLD-01	GOLD-08	GOLD-06	GOLD-03	GOLD-09	GOLD-10	GOLD-03	GOLD-08	GOLD-11
	31.85	28.86	31.79	30.36	30.18	33.49	32.19	31.95	35.01	41.78	37.96	49.43
100	R. Jordan	C. Welch	K. Wiggins	S. Frampton	S. Frampton	J. Grzeszczak	G. Schmidt	T. Shead	D. Brewer	D. Brewer	Wiedemann	A. Dela Vega
	FLAQ-09	GOLD-11	GOLD-08	GOLD-05	GOLD-06	GOLD-07	GOLD-03	GOLD-09	GOLD-07	GOLD-10	GOLD-08	GOLD-01
	1:12.69	1:04.74	1:10.32	1:07.08	1:06.56	1:17.08	1:17.18	1:09.93	1:29.76	1:32.99	1:25.34	1:58.26
200	R. Jordan	C. Welch	R. Corcho	S. Frampton	S. Frampton	J. Mayfield	J. Mayfield	T. Shead	D. Brewer	D. Brewer	Wiedemann	A. Dela Vega
	FLAQ-09	GOLD-11	FLAQ-10	GOLD-05	GOLD-06	PLAN-99	PLAN-03	GOLD-09	GOLD-07	GOLD-10	GOLD-09	GOLD-02
	2:38.31	2:23.36	2:40.77	2:29.00	2:29.12	2:51.93	2:54.49	2:33.79	3:18.98	3:22.10	3:13.17	4:59.63
Butterfly												
50	GalvanSarabia	K. McNear	R. Rivera	J. O'Keefe	S. Frampton	B. Tatterson	J. Burns	J. Burns	D. Quiggin	D. Quiggin	J. Lammert	H. Kern
	FLAQ-08	UNA-98	GOLD-08	GOLD-05	GOLD-08	FLAQ-11	GOLD-96	GOLD-01	GOLD-04	GOLD-09	GOLD-09	GOLD-07
	25.96	25.52	26.30	26.73	27.61	27.25	28.42	28.37	29.88	29.78	33.88	39.97
100	GalvanSarabia	GalvanSarabia	I. Negron	J. O'Keefe	S. Frampton	B. Tatterson	J. Burns	T. Shead	G. Schmidt	D. Quiggin	A. Rapperport	W. Pesetsky
	FLAQ-08	FLAQ-10	GOLD-01	GOLD-05	GOLD-06	FLAQ-11	GOLD-98	GOLD-07	GOLD-10	GOLD-09	GOLD-04	FLAQ-11
	1:02.67	59.84	59.51	58.32	1:00.07	1:01.01	1:03.04	1:04.00	1:10.48	1:08.36	1:29.03	2:17.88
200	T. Cuticchia	T. Cuticchia	M. Hooper	J. O'Keefe	J. Olsen	J. Olsen	T. Erickson	J. Burns	G. Delong	H. Kern	H. Kern	H. Kern
	FLAQ-07	PLAN-10	FLAQ-06	GOLD-05	GOLD-05	GOLD-08	FLAQ-06	GOLD-01	GOLD-06	GOLD-97	FLAQ-03	GOLD-07
	2:29.80	2:26.62	2:13.72	2:11.22	2:21.09	2:22.09	2:24.21	2:35.30	3:13.29	3:21.87	3:35.71	3:48.09
IM												
100	GalvanSarabia	C. Welch	R. Stoudt	K. Wienants	J. Harper	J. Grzeszczak	G. Schmidt	T. Shead	G. Schmidt	D. Quiggin	C. Cavanaugh	C. Cavanaugh
	FLAQ-08	GOLD-08	GOLD-08	GOLD-98	GOLD-08	GOLD-05	GOLD-01	GOLD-09	GOLD-10	GOLD-09	GOLD-05	GOLD-11
	1:02.67	1:00.03	1:02.82	1:02.38	1:01.40	1:05.86	1:05.71	1:03.83	1:07.80	1:14.88	1:22.19	1:32.78
200	C. Bernard	C. Welch	T. Dougher	K. Wienants	J. Harper	R. Valdivia	T. Shead	G. Schmidt	G. Schmidt	D. Quiggin	D. Painter	H. Kern
	FLAQ-08	GOLD-09	NPBM-03	GOLD-97	GOLD-08	GOLD-09	GOLD-03	GOLD-09	GOLD-10	GOLD-11	GOLD-09	GOLD-07
	2:13.45	2:13.35	2:19.26	2:16.17	2:14.74	2:18.36	2:24.51	2:32.25	2:34.99	2:49.75	3:12.86	3:29.29
400	R. Jordan	T. Cuticchia	M. Hooper	M. Hooper	R. Valdivia	T. Erickson	T. Erickson	L. Ferron	D. Quiggin	D. Quiggin	A. Rapperport	
	FLAQ-09	PLAN-09	FLAQ-06	UNAT-10	GOLD-08	FLAQ-05	FLAQ-08	GOLD-11	GOLD-04	GOLD-09	GOLD-03	
	5:01.76	5:23.03	4:46.70	5:05.51	4:54.96	5:21.12	5:19.79	6:31.59	6:20.56	6:02.61	7:11.51	

2010 FLORIDA GOLD COAST LMSC SHORT COURSE METERS RECORDS MEN

80-84	85-89	90-94
Sessinghaus	R. Kane	
GOLD-97	GOLD-96	
44.80	59.49	
Sessinghaus	R. Kane	
GOLD-98	GOLD-96	
1:50.51	2:17.17	
Sessinghaus	R. Kane	
GOLD-97	GOLD-96	
4:10.96	4:51.54	
Sessinghaus	R. Kane	
GOLD-97	GOLD-96	
8:25.39	10:45.01	
Sessinghaus		
GOLD-98		
18:52.57		
J. Silverio		
GOLD-08		
1:02.90		
S. Holmes		
GOLD-09		
2:19.84		
S. Holmes		
GOLD-09		
5:05.61		
M. Eager		
GOLD-96		
54.05		
M. Eager		
GOLD-98		
2:08.21		
R. Spaulding		
GOLD-05		
5:33.26		
G. Lustig	R. Kane	
FLAQ-09	GOLD-98	
1:15.01	2:09.62	
G. Lustig		
FLAQ-09		
2:45.41		
S. Holmes		
GOLD-09		
2:14.44		
S. Holmes		
GOLD-09		
5:06.46		