Florida Gold Coast LMSC

Men's Short Course Meters Records

as of 12/31/09

	50 FREE			100 FREE			200 FREE			400 FREE			800 FREE			1500 FREE		
18-24	:24.24	A. Castro	FLAQ-08	:54.67	R. Cabrera	GOLD-06	1:59.51	A. Gomez	GOLD-06	4:09.38	A. Gomez	GOLD-06	12:50.43	W. Kennon	FLAQ-05			
25-29	:23.80	R. Antov	GOLD-06	:52.13	R. Antov	GOLD-06	2:00.55	C. Welch	GOLD-08	4:25.26	C. Welch	GOLD-08	10:30.21	B. Palmer	FLAQ-08	20:40.83	E. Ames	GOLD-98
30-34	:23.40	J. Olsen	AAST-01	:54.44	R. Rivera	GOLD-08	2:01.14	R. Rivera	GOLD-09	4:19.56	M. Hooper	FLAQ-07	8:50.40	M. Hooper	FLAQ-06	18:46.78	B. Staebell	PLAN-96
35-39	:24.18	T. Pace	GOLD-05	:55.14	K. Wienants	GOLD-97	2:04.43	J. Olsen	GOLD-01	4:18.77	J. Olsen	GOLD-01	9:03.36	J. O'Keefe	GOLD-05	17:31.55	J. O'Keefe	GOLD-05
40-44	:25.01	K. Semisch	FLAQ-09	:55.86	K. Semisch	FLAQ-09	1:59.83	R. Valdivia	GOLD-06	4:13.17	R. Valdivia	GOLD-06	8:40.40	R. Valdivia	GOLD-07	17:36.99	J. Olsen	GOLD-05
45-49	:25.67	J. Wotton	GOLD-08	:56.44	J. Spire	GOLD-98	2:00.72	R. Valdivia	GOLD-09	4:27.75	T. Erickson	FLAQ-05	8:43.45	R. Valdivia	GOLD-09	18:00.37	T. Erickson	FLAQ-05
50-54	:25.29	R. Hawkins	GOLD-00	:58.32	G. Schmidt	GOLD-01	2:08.01	T. Erickson	FLAQ-06	4:33.60	T. Erickson	FLAQ-08	9:55.72	T. Erickson	FLAQ-07	18:56.40	D. Owen	GOLD-03
55-59	:26.89	G. Schmidt	GOLD-05	:59.79	T. Shead	GOLD-07	2:35.70	D. Hoffman	GOLD-08	5:31.30	D. Hoffman	GOLD-08	11:33.83	D. Hoffman	GOLD-08	23:12.74	W. Quayle	GOLD-98
60-64	:27.42	C. Cavanaugh	GOLD-98	:59.90	D. Quiggin	GOLD-04	2:18.45	D. Quiggin	GOLD-08	5:03.84	D. Quiggin	GOLD-04	10:46.11	D. Quiggin	GOLD-04	20:49.88	D. Quiggin	GOLD-05
65-69	:26.87	D. Quiggin	GOLD-09	:58.40	D. Quiggin	GOLD-09	2:15.39	D. Quiggin	GOLD-09	4:55.97	D. Quiggin	GOLD-09	10:42.18	D. Quiggin	GOLD-09	20:09.42	D. Quiggin	GOLD-09
70-74	:28.76	C. Cavanaugh	GOLD-05	1:04.58	C. Cavanaugh	GOLD-05	2:29.08	C. Cavanaugh	GOLD-05	5:30.42	C. Cavanaugh	GOLD-05	11:58.19	C. Cavanaugh	GOLD-08	29:42.33	J. Silverio	GOLD-99
75-79	:35.11	A. Rapperport	GOLD-08	1:17.72	D. Sonia	GOLD-05	3:43.24	G. Busse	GOLD-07	6:40.29	A. Rapperport	GOLD-09	13:42.80	A. Rapperport	GOLD-08	30:20.48	J. Silverio	GOLD-02
80-84	:44.80	D. Sessinghaus	GOLD-97	1:50.51	D. Sessinghaus	GOLD-98	4:10.96	D. Sessinghaus	GOLD-97	8:25.39	D. Sessinghaus	GOLD-97	18:52.57	D. Sessinghaus	GOLD-98			
85-89	:59.49	R. Kane	GOLD-96	2:17.17	R. Kane	GOLD-96	4:51.54	R. Kane	GOLD-96	10:45.01	R. Kane	GOLD-96						
90-94																		

	50 BACK			100 BACK			200 BACK			50 BREAST			100 BREAST			200 BREAST		
19-24	:27.36	A. Castro	FLAQ-08	1:03.02	A. Flandes	FLAQ-08	2:14.63	A. Flandes	FLAQ-08	:31.85	M. Bellew	GOLD-07	1:12.69	R. Jordan	FLAQ-09	2:38.31	R. Jordan	FLAQ-09
25-29	:32.62	M. Buttram	GOLD-07	1:06.38	M. Buttram	GOLD-07	2:16.10	C. Welch	GOLD-08	:28.86	J. Linn	AAST-01	1:04.80	C. Welch	GOLD-09	2:26.21	C. Welch	GOLD-09
30-34	:27.94	O. Agh	GOLD-06	1:00.33	M. Hooper	FLAQ-05	2:11.04	M. Hooper	FLAQ-06	:31.79	T. Dougher	NPBM-03	1:10.32	K. Wiggans	GOLD-08	2:50.80	R. Broshears	FLAQ-07
35-39	:29.58	J. Harper	GOLD-06	1:03.97	D. Arlotto	GOLD-07	2:38.65	B. Korey	GOLD-01	:30.36	S. Frampton	GOLD-01	1:07.08	S. Frampton	GOLD-05	2:29.00	S. Frampton	GOLD-05
40-44	:30.83	J. Grzeszczak	GOLD-01	1:02.83	P. Berndt	GOLD-03	2:31.05	M. Hendrick	GOLD-98	:30.29	S. Frampton	GOLD-06	1:06.56	S. Frampton	GOLD-06	2:29.12	S. Frampton	GOLD-06
45-49	:29.96	J. Spire	GOLD-98	1:05.25	J. Spire	GOLD-98	2:24.40	J. Spire	GOLD-98	:33.49	J. Grzeszczak	GOLD-06	1:17.08	J. Grzeszczak	GOLD-07	2:51.93	J. Mayfield	PLAN-99
50-54	:31.30	J. Spire	GOLD-03	1:09.06	G. Schmidt	GOLD-03	2:30.35	T. Shead	GOLD-03	:32.19	T. Shead	GOLD-03	1:17.18	G. Schmidt	GOLD-03	2:54.49	J. Mayfield	PLAN-03
55-59	:31.91	G. Schmidt	GOLD-09	1:09.33	G. Schmidt	GOLD-09	2:32.62	G. Schmidt	GOLD-09	:31.95	T. Shead	GOLD-09	1:09.93	T. Shead	GOLD-09	2:33.79	T. Shead	GOLD-09
60-64	:34.48	D. Quiggin	GOLD-04	1:20.23	D. Quiggin	GOLD-08	2:53.92	R. Parsons	GOLD-08	:39.20	S. Woodburn	GOLD-07	1:29.76	D. Brewer	GOLD-07	3:18.98	D. Brewer	GOLD-07
65-69	:35.37	D. Quiggin	GOLD-09	1:23.01	D. Quiggin	GOLD-09	3:00.35	D. Quiggin	GOLD-09	:41.78	D. McIntyre	GOLD-03	1:36.65	T. Riker	GOLD-09	3:38.87	T. Riker	GOLD-09
70-74	:37.37	D. McIntyre	GOLD-09	1:27.53	A. Rapperport	GOLD-03	3:11.14	A. Rapperport	GOLD-03	:37.96	K. Wiedamann	GOLD-08	1:25.34	K. Wiedamann	GOLD-08	3:13.17	K. Wiedamann	GOLD-09
75-79	:42.83	A. Rapperport	GOLD-08	1:32.40	A. Rapperport	GOLD-08	3:25.27	A. Rapperport	GOLD-08	:50.15	A. Dela Vega	GOLD-01	1:58.26	A. Dela Vega	GOLD-01	4:59.63	A. Dela Vega	GOLD-02
80-84	1:02.90	J. Silverio	GOLD-08	2:19.84	S. Holmes	GOLD-09	5:05.61	S. Holmes	GOLD-09	:54.05	M. Eager	GOLD-96	2:08.21	M. Eager	GOLD-98	5:33.26	R. Spaulding	GOLD-05
85-89																		
90-94																		

	50 FLY			100 FLY			200 FLY			100 IM			200 IM			400 IM		
19-24	:25.96	GalvanSarabia	FLAQ-08	1:02.67	GalvanSarabia	FLAQ-08	2:29.80	T. Cuticchia	FLAQ-07	1:02.67	GalvanSarabia	FLAQ-08	2:16.37	R. Cabrera	GOLD-06	5:01.76	R. Jordan	FLAQ-09
25-29	:25.52	K. McNear	UNA-98	1:02.65	T. Cuticchia	GOLD-08				1:00.03	C. Welch	GOLD-08	2:13.35	C. Welch	GOLD-09	5:23.03	T. Cuticchia	PLAN-09
30-34	:26.30	R. Rivera	GOLD-08	:59.51	I. Negron	GOLD-01	2:13.72	M. Hooper	FLAQ-06	1:02.82	R. Stoudt	GOLD-08	2:19.26	T. Dougher	NPBM-03	4:46.70	M. Hooper	FLAQ-06
35-39	:26.73	J. O'Keefe	GOLD-05	:58.32	J. O'Keefe	GOLD-05	2:11.22	J. O'Keefe	GOLD-05	1:02.38	K. Wienants	GOLD-98	2:16.17	K. Wienants	GOLD-97	5:05.82	J. Olsen	GOLD-01
40-44	:28.23	C. Burns	GOLD-96	1:00.07	S. Frampton	GOLD-06	2:21.09	J. Olsen	GOLD-05	1:01.40	J. Harper	GOLD-08	2:24.28	T. Smith	GOLD-03	4:54.96	R. Valdivia	GOLD-08
45-49	:27.53	J. Grzeszczak	GOLD-05	1:03.23	C. Burns	GOLD-97	2:26.00	T. Erickson	GOLD-03	1:05.86	J. Grzeszczak	GOLD-05	2:18.36	R. Valdivia	GOLD-09	5:21.12	T. Erickson	FLAQ-05
50-54	:28.42	J. Burns	GOLD-96	1:03.04	J. Burns	GOLD-98	2:24.21	T. Erickson	FLAQ-06	1:05.71	G. Schmidt	GOLD-01	2:24.51	T. Shead	GOLD-03	5:19.79	T. Erickson	FLAQ-08
55-59	:28.37	J. Burns	GOLD-01	1:04.00	T. Shead	GOLD-07	2:35.30	J. Burns	GOLD-01	1:03.83	T. Shead	GOLD-09	2:32.25	G. Schmidt	GOLD-09	6:37.83	H. Kern	GOLD-88
60-64	:29.88	D. Quiggin	GOLD-04	1:12.56	J. Burns	FLAQ-07	3:13.29	G. Delong	GOLD-06	1:15.30	D. Quiggin	GOLD-08	2:45.93	D. Quiggin	GOLD-05	6:20.56	D. Quiggin	GOLD-04
65-69	:29.78	D. Quiggin	GOLD-09	1:08.36	D. Quiggin	GOLD-09	3:21.87	H. Kern	GOLD-97	1:14.88	D. Quiggin	GOLD-09	2:59.10	D. Quiggin	GOLD-09	6:02.61	D. Quiggin	GOLD-09
70-74	:33.88	J. Lammert	GOLD-09	1:29.03	A. Rapperport	GOLD-04	3:35.71	H. Kern	GOLD-03	1:22.19	C. Cavanaugh	GOLD-05	3:12.86	D. Painter	GOLD-09	7:11.51	A. Rapperport	GOLD-03
75-79	:39.97	H. Kern	GOLD-07				3:48.09	H. Kern	GOLD-07	1:36.48	A. Rapperport	GOLD-08	3:29.29	H. Kern	GOLD-07			
80-84	1:15.01	G. Lustig	FLAQ-09	2:45.41	G. Lustig	FLAQ-09				2:14.44	S. Holmes	GOLD-09	5:06.46	S. Holmes	GOLD-09			
85-89	2:09.62	R. Kane	GOLD-98															
90-94																		